

October
2026

Tapestry Charter School at Clayton

Breakfast
Menu

Monday

Tuesday

Wednesday

Thursday

Friday

1

Mini Stuffed Bagels
with Cream Cheese

Fresh Banana
100% Fruit Juice

2

Mini French Toast
with Syrup

Fruit Yogurt Cup
Fresh Seasonal Fruit
Raisins

5

Trix Cereal

Fresh Seasonal Fruit
100% Fruit Juice

6

Pumpkin Muffin

Fresh Whole Orange
Fruit Cup

7

Cheese Biscuit

Fruit Yogurt Cup
100% Fruit Juice
Raisins

8

Cherry Frudal

Fresh Whole Pear
Applesauce Cup

9

Virtual Day

12

13

14

15

16

SCHOOL CLOSED

19

Nutri-Grain Bar

Fresh Seasonal Fruit
100% Fruit Juice

20

Assorted Scones

Fresh Whole Orange
Fruit Cup

21

*House-Made Banana
Bread*

Fruit Yogurt Cup
100% Fruit Juice
Raisins

22

*Frosted Flakes
Cereal*

Fresh Whole Pear
Applesauce Cup

23

Biscuit with Jelly

Fresh Seasonal Fruit
Fruity Craisins

26

*Cinnamon Toaster
Cereal*

Fresh Seasonal Fruit
100% Fruit Juice

27

*Bagel and Cream
Cheese*

Fresh Whole Apple
Fruit Cup

28

*Mini Whole Wheat
Pancake with Syrup*

Mandarin Oranges
100% Fruit Juice
Fruity Craisins

29

Strawberry Pop-Tart

Fresh Whole Banana
Applesauce Cup

30

*Banana Chocolate
Breakfast Bar*

Fruit Yogurt Cup
Fresh Seasonal Fruit
Raisins

Milk is Included with Breakfast Daily
Choose 1% White or Fat-Free Chocolate Milk

770-421-9550
www.ChefAdvantage.com



ChefAdvantage is committed to Healthy, Nutritious and
Delicious Meals. Locally sourced ingredients included
whenever possible.

No High Fructose Corn Syrup, Trans Fats, Artificial
Sweeteners, or MSG are used in our recipes.

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Tapestry Charter School at Clayton

Allergen List

Monday

Tuesday

Wednesday

Thursday

Friday

5
Cereal
Allergens on Package
Fruit None
Juice None

6
Muffin
Egg, Wheat, Milk, Soy
Orange None
Fruit None

7
Cheddar Biscuit
Milk, Soy, Wheat
Yogurt Milk
Fruit Juice None
Raisins None

1
Bagel
Wheat, Milk, Soy
Cream Cheese Milk
Banana None
Fruit Juice None

2
French Toast
Egg, Milk, Soy, Wheat
Syrup None
Yogurt Milk
Fruit None
Raisins None

8
Frudel Milk, Wheat
Pear None
Fruit Cup None

9
Virtual Day

12

13

14

15

16

SCHOOL CLOSED

19
Nutri-Grain
Soy, Wheat, Dairy
Fruit Juice None
None

20
Scone
Wheat, Milk, Soy
Orange None
Fruit Cup None

21
Banana Bread
Egg, Wheat, Milk, Soy
Yogurt Milk
Fruit Juice None
Raisins None

22
Cereal
Allergens on Package
Fruit None
Applesauce None

23
Biscuit
Milk, Soy, Wheat
Jelly None
Fruit None
Craisins None

26
Cereal
Allergens on Package
Fruit None
Juice None

27
Bagel
Wheat
Cream Cheese Milk
Apple None
Fruit Cup None

28
Pancake
Egg, Milk, Wheat
Syrup None
Oranges None
Fruit Juice None
Craisins None

29
Pop-Tarts Soy, Wheat
Banana None
Applesauce None

30
Breakfast Bar
Egg, Wheat, Milk
Yogurt Milk
Fruit None
Raisins None

****All Pasta Products are Processed in a Facility that Uses Egg****

This list is comprised of the most common allergens we chart, including eggs, soy product, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

