

September 2026

Tapestry Charter School of Dekalb

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

1
All Beef Hotdog
Or: **Meatless Meatball Sub**
with:
Celery Sticks with Ranch Dip
Baked Beans
Diced Pineapple

2
Cheese Pizza Dippers
with:
Marinara Sauce
Steamed Peas
Cinnamon Applesauce

3
Chicken Alfredo
Or: **Creamy Alfredo Pasta**
with:
Steamed Corn
Steamed Green Beans
Mandarin Oranges

4
Pizza Fridays!
Hand-Tossed!
Turkey Pepperoni Pizza
Or: **Hand-Tossed! Cheese Pizza**
with:
Garden Salad
Ranch Dressing
Melon Mania Fruit Salad

8
Macaroni and Cheese
with:
Spinach Vegetable Medley
Steamed Carrots
Diced Pears

9
Macho Beef Nachos
Or: **Bean & Cheese Nachos**
with:
Salsa with Tortilla Chips
Black Beans
Diced Peaches

10
TOPSY-TURVY BREAKFAST FOR LUNCH!
Whole Grain Pancake
Or: **Vegetarian Sausage**
with:
Pancake Syrup
Breakfast Potatoes
100% Vegetable Juice
Fresh Pear

11
Pizza Fridays!
Hand-Tossed!
Turkey Pepperoni Pizza
Or: **Hand-Tossed! Cheese Pizza**
with:
Garden Salad
Italian Dressing
Tropical Fruit Salad

14
Tuscan Chicken Pasta
Or: **Creamy Tuscan Pasta**
with:
Breadstick
Diced Carrots
Steamed Green Beans
Gala Apple

15
Chicken Corn Dog
Or: **Vegetarian Nuggets**
with:
Baby Carrots with Ranch Dip
Spinach Vegetable Medley
Apple Wedges

16
Chef-fil-a Breaded Chicken Sandwich
Or: **Gardenburger**
with:
Chef-fil-a Sauce
Potato Wedges
Celery Sticks with Ranch Dip
Orange Wedges

17
Chicken Quesadilla
Or: **Bean & Cheese Burrito**
with:
Steamed Corn
Pinto Beans
Diced Peaches

18
Pizza Fridays!
Hand-Tossed!
Turkey Pepperoni Pizza
Or: **Hand-Tossed! Cheese Pizza**
with:
Garden Salad
Ranch Dressing
Melon Mania Fruit Salad

21
Spaghetti in Meat Sauce
Or: **Eggplant Parmesan**
with:
Dinner Roll
Diced Carrots
Spinach Vegetable Medley
Strawberry Applesauce

22
Fiesta Chicken Taco
Or: **Bean & Cheese Burrito**
with:
Cheddar Cheese
Shredded Lettuce
Pinto Beans
Salsa with Tortilla Chips
Diced Peaches

23
Virtual Day

24
TOPSY-TURVY BREAKFAST FOR LUNCH!
Whole Grain French Toast Sticks with Turkey Sausage
Or: **Vegetarian Sausage**
with:
Waffle Syrup
Breakfast Potatoes
100% Vegetable Juice
Fresh Pear

25
Pizza Fridays!
Hand-Tossed!
Turkey Pepperoni Pizza
Or: **Hand-Tossed! Cheese Pizza**
with:
Garden Salad
Italian Dressing
Tropical Fruit Salad

28
All American Hamburger
Or: **Gardenburger**
with:
Mac Sauce
Celery Sticks with Ranch Dip
Steamed Carrots
Diced Pineapple

29
Creamy Parmesan Chicken and Rice
Or: **Creamy Parmesan Tofu & Rice**
with:
Spinach Vegetable Medley
Baby Carrots with Ranch Dip
Apple Wedges

30
Jerk Wings
Or: **Macaroni and Cheese**
with:
Dinner Roll
Steamed Corn
Baked Beans
Mandarin Oranges

V = Vegetarian Entrée

Milk is Included with All Meals
Choose 1% White or Fat Free Chocolate Milk



770-421-9550 www.ChefAdvantage.com

ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals. Locally sourced ingredients included whenever possible. No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

Monday

Tuesday

Wednesday

Thursday

Friday

1

Hotdog None
 Bun Wheat
 Celery None
 Ranch Egg, Milk, Soy
 Beans None
 Pineapple None
Meatless Meatball Sub**
Wheat, Milk, Egg

2

Cheese Pizza Dippers**
Wheat, Egg, Soy, Milk
 Marinara Sauce None
 Peas None
 Applesauce None

3

Chicken Alfredo
 Milk, Wheat, Soy
 Green Beans None
 Corn None
 Oranges None
Creamy Alfredo Pasta**
Milk, Wheat, Soy

4

Turkey Pepperoni Pizza
 Milk, Wheat, Soy
 Garden Salad None
 Ranch Soy, Egg, Milk
 Fruit Salad None
Cheese Pizza**
Milk, Wheat, Soy

7

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LABOR DAY
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8

Macaroni and Cheese**
Wheat, Milk
 Medley None
 Carrots None
 Pears None

9

Macho Beef Nachos
 Milk
 Salsa None
 Tortilla Chips None
 Black Beans None
 Peaches None
Bean and Cheese Nachos**
Soy, Wheat, Milk

10

Pancake
 Egg, Milk, Wheat
 Sausage None
 Syrup None
 Potatoes Soy
 Juice None
 Pear None
Vegetarian Sausage**
Wheat, Egg, Milk, Soy

11

Turkey Pepperoni Pizza
 Milk, Wheat, Soy
 Garden Salad None
 Italian Dressing None
 Fruit Salad None
Cheese Pizza**
Milk, Wheat, Soy

14

Tuscan Chicken Pasta
 Milk, Wheat
 Breadstick None
 Carrots None
 Green Beans None
 Apple None
Creamy Tuscan Pasta**
Milk, Wheat

15

Chicken Corn Dog
 Wheat, Soy, Egg
 Carrots None
 Ranch Soy, Egg, Milk
 Spinach Medley None
 Apple Wedges None
Vegetarian Nuggets**
Soy, Wheat

16

Chicken Sandwich
 Soy, Wheat
 Bun Wheat
 Chef-til-A Sauce Egg
 Potato Wedges None
 Celery None
 Ranch Soy, Egg, Milk
 Orange Wedges None
Gardenburger**
Soy, Wheat, Milk

17

Chicken Quesadilla
 Wheat, Milk
 Corn None
 Beans None
 Peaches None
Bean and Cheese Nachos**
Soy, Wheat, Milk

18

Turkey Pepperoni Pizza
 Milk, Wheat, Soy
 Garden Salad None
 Ranch Soy, Egg, Milk
 Fruit Salad None
Cheese Pizza**
Milk, Wheat, Soy

21

Spaghetti
 Soy, Milk, Wheat
 Dinner Roll Wheat
 Carrots None
 Spinach Medley None
 Applesauce None
Eggplant Parmesan**
Egg, Wheat, Soy, Milk

22

Fiesta Chicken Taco
 Wheat
 Cheese Milk
 Lettuce None
 Pinto Beans None
 Salsa None
 Tortilla Chips None
 Peaches None
Bean & Cheese Burrito**
Soy, Wheat, Milk

23

Virtual Day

24

French Toast Sticks
 Egg, Milk, Soy, Wheat
 Sausage None
 Syrup None
 Potatoes Soy
 Juice None
 Pear None
Vegetarian Sausage**
Wheat, Egg, Milk, Soy

25

Turkey Pepperoni Pizza
 Milk, Wheat, Soy
 Garden Salad None
 Italian Dressing None
 Fruit Salad None
Cheese Pizza**
Milk, Wheat, Soy

28

Hamburger
 Soy
 Mac Sauce Egg, Soy
 Celery Sticks None
 Ranch Soy, Egg, Milk
 Carrots None
 Pineapple None
Gardenburger**
Soy, Wheat, Milk

29

Chicken and Rice
 Milk, Soy
 Medley None
 Carrots None
 Ranch Soy, Egg, Milk
 Apple None
Tofu and Rice**
Soy, Wheat

30

Jerk Wings
 Soy
 Dinner Roll Wheat
 Corn None
 Baked Beans None
 Oranges None
Macaroni and Cheese**
Wheat, Milk

****All Pasta Products are Processed in a Facility that Uses Egg****

This list is comprised of the most common allergens we chart, including eggs, soy product, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.