






~ Tapestry Charter –August 2023~~ Breakfast and Lunch Menu~

****ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND 1% White Milk or FF Chocolate <Milk*(Allergen) `** *(MENU SUBJECT TO CHANGE ~ ****

Monday	Tuesday	Wednesday	Thursday	Friday
		<p align="center">2</p> 		
<p>7 Ground Turkey & Beef Stroganoff, Green Beans, Watermelon, Milk <i>(Dairy, Soy, Wheat)</i></p>	<p>8 Oven Fried Chicken, Garlic Mashed Potatoes, Lima Beans, Milk <i>(Dairy, Wheat, Soy)</i></p>	<p>9 Turkey and Cheese Sandwich, Carrot Stick w/ Ranch, Apple, Milk <i>(Soy, Wheat, Dairy)</i></p>	<p>10 Beef Tamale Pie, Mix Green Salad, Pears, Milk <i>(Wheat, Egg, Dairy)</i></p>	<p>11 Corn Dog, Vegetarian Baked Beans, Apple Sauce, Milk <i>(Wheat, Dairy)</i></p>
<p>14 Nacho w/ Diced Chicken, Corn, Apple, Milk <i>(Soy, Wheat, Dairy)</i></p>	<p>15 Spaghetti w/ Beef Meat Sauce, Broccoli Salad, Oranges, Milk <i>(Dairy, Wheat, Soy)</i></p>	<p>16 Chicken Tenders, Mac and Cheese, Cauliflower, Pears, Milk <i>(Soy, Wheat, Dairy,)</i></p>	<p>17 Meat ball Sub, Orange Glaze Carrots, Apple, Milk <i>(Dairy, Soy, Beef, Wheat)</i></p>	<p>18 Hot Dog, Vegetarian Baked Beans, Apple Sauce, Milk <i>(Wheat, Dairy)</i></p>
<p>21 Ground Turkey & Beef Stroganoff, Green Beans, Watermelon, Milk <i>(Dairy, Soy, Wheat)</i></p>	<p>22 Oven Fried Chicken, Garlic Mashed Potatoes, Lima Beans, Milk <i>(Dairy, Wheat, Soy)</i></p>	<p>23 Turkey and Cheese Sandwich, Carrot Stick w/ Ranch, Apple, Milk <i>(Soy, Wheat, Dairy)</i></p>	<p>24 Beef Tamale Pie, Mix Green Salad, Pears, Milk <i>(Wheat, Egg, Dairy)</i></p>	<p>25 Corn Dog, Vegetarian Baked Beans, Apple Sauce, Milk <i>(Wheat, Dairy)</i></p>
<p>28 Nacho w/ Diced Chicken, Corn, Apple, Milk <i>(Soy, Wheat, Dairy)</i></p>	<p>29 Spaghetti w/ Beef Meat Sauce, Broccoli Salad, Oranges, Milk <i>(Dairy, Wheat, Soy)</i></p>	<p>30 Chicken Tenders, Mac and Cheese, Cauliflower, Pears, Milk <i>(Soy, Wheat, Dairy,)</i></p>	<p>31 Meat ball Sub, Orange Glaze Carrots, Apple, Milk <i>(Dairy, Soy, Beef, Wheat)</i></p>	