November 2024

Tapestry Public Charter School

Breakfast Menu

Friday Monday Tuesday Wednesday **Thursday**



Breakfast:

French Toast Breakfast Bar Yogurt Cup Applesauce **Fruity Craisins**

Breakfast:

PopTart Fruit Cup 100% Fruit Juice

Day

Virtual

Breakfast:

Nutrigrain Bar Yogurt Cup Fresh Banana **Fruity Craisins** **Breakfast:**

Cherry Frudal Fresh Apple 100% Fruit Juice **Breakfast:**

Biscuit with Jelly **Fruity Craisins** Fruit Yogurt Cup Fresh Seasonal Fruit

11 **Breakfast:**

Cereal Fruit Cup 100% Fruit Juice 12

Breakfast:

Mini Whole Wheat **Pancake Fruity Craisins** Yogurt Cup **Applesauce Cup**

13

Breakfast:

Cinnamon Apple Muffin Fresh Banana 100% Fruit Juice

14

Breakfast:

Cereal Mandarin Cup **Fruity Craisins**

15

Breakfast:

House-made Banana Bread Fuji Apple 100% Fruit Juice

18 **Breakfast:**

PopTart Fruit Cup 100% Fruit Juice **Breakfast:**

Mini Stuffed Bagel w/ Strawberry Cream Cheese Fresh Whole Orange 100% Fruit Juice

Breakfast:

Banana Chocolate Breakfast Bar **Yogurt Cup Fruity Craisins**

21

Breakfast:

Whole Grain Blueberry Muffin Fresh Apple 100% Fruit Juice

22

Breakfast:

Biscuit with Jelly Fresh Seasonal Fruit 100% Fruit Juice

25

26

27

28

29

School Closed



V = Vegetarian Entrée Options

Milk is Included with All Meals Choose 1% White or Fat Free Chocolate Milk ONLINE ORDERING: https://chefadvantage.boonli.com/

ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals. Locally sourced ingredients included whenever possible. No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

> 770-421-9550 www.ChefAdvantage.com

This institution is an equal opportunity provider.

November 2024

ChefAdvantage

Allergen List

Monday Wednesday Friday Tuesday **Thursday**



Breakfast:

French Toast

Wheat, Soy, Egg Milk Yogurt Cup **Applesauce** None Craisins None

Breakfast:

PopTart Wheat, Soy None Fruit Cup Fruit Juice None

Virtual Day

Breakfast: Nutrigrain

Milk Wheat, Soy Milk Yogurt Banana None Craisins None

Breakfast:

Frudal Milk, Wheat **Apple** None Fruit Juice None **Breakfast:**

Biscuit

Milk, Soy, Wheat Jelly None Milk Yogurt Fruit None Craisins None

Breakfast: Cereal

Allergens on Package Fruit None Fruit Juice None

Breakfast: Pancake

Egg, Wheat, Milk Milk Yogurt **Applesauce** None Craisins None

Breakfast:

Muffin Egg, Wheat, Milk, Soy Banana None Juice None

14 **Breakfast:**

Cereal

Allergens on Package Mandarin Cup None Craisins

15 **Breakfast:**

Banana Bread

Egg, Wheat, Milk, Soy **Apple** None None Fruit Juice None

18 **Breakfast:**

PopTart Wheat, Soy Fruit Cup None Fruit Juice None

19 **Breakfast:**

Bagel Cream Cheese

Milk None Orange Fruit Juice None

Wheat

Breakfast: Breakfast Bar

Wheat, Egg Milk Yogurt Craisins None

21 **Breakfast:**

Muffin

Egg, Wheat, Milk, Soy Apple None Fruit Juice None

22 **Breakfast:**

Biscuit

Milk, Soy, Wheat Jelly None Fruit None Fruit Juice None

25

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School Closed





All Pasta Products are Processed in a Facility that Uses Egg

This list is comprised of the most common allergens we chart, including eggs, soy product, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

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