Monday Tuesday Wednesday Thursday Friday



Cheese Pizza Dippers

WITH: Marinara Sauce Baked Beans Diced Pineapple 8 Chicken Alfredo Pasta OR: Creamy Alfredo Pasta WITH: Steamed Corn

Steamed Corn
Romaine Salad
w/ Ranch Dressing
Tropical Fruit

Chicken Fried Rice
OR: Vegetarian Fried Rice
WITH:

Steamed Peas Vegetable Medley Diced Pears 10
Pizza Fridays!
Hand Tossed
Turkey Pepperoni Pizza
OR: Hand Tossed

Cheese Pizza
WITH:
Garden Salad
W/ Ranch Dressing

Marvelous Melon Mania

13 Mama Mia Marinara Beef Meatball Sub OR: Meatless Meatball Sub

WITH:Baked Beans
Vegetable Medley
Fresh Grapes

14 Chicken Fajita Rice OR: Fajita Rice with Tofu WITH:

Romaine Salad
w/ Ranch Dressing
Steamed Carrots
Diced Peaches

15 Fiesta Chicken Taco on a Soft Tortilla OR: Bean &

Cheese Burrito
WITH:
Salsa with Tortilla Chips
Steamed Corn
Diced Pineapple

16 <u>Breakfast for Lunch!</u> Whole Grain French Toast Sticks OR: Vegetarian Sausage

WITH: Waffle Syrup Turkey Sausage Breakfast Potatoes 100% Vegetable Juice

Diced Pears

17
Pizza Fridays!
Hand Tossed
Turkey Pepperoni Pizza
OR: Hand Tossed
Cheese Pizza
WITH:
Garden Salad
w/Ceasar Dressing



All American Hamburger
OR: Gardenburger
WITH:
Pickles
Potatoes Smiles

Diced Pineapples

22 All Beef Hot Dog OR: Meatless Meatball Sub WITH: Steamed Corn

WITH:
Steamed Corn
Romaine Salad
W/ Ranch Dressing
Fresh Grapes

23
Chef-fil-a Breaded Chicken Sandwich
OR: Gardenburger

WITH:
Carrots Sticks
W/ Ranch Dressing
Baked Beans
Fresh Orange Wedges

24
Pizza Fridays!
Hand Tossed
Turkey Pepperoni Pizza
OR: Hand Tossed
Cheese Pizza

Rainbow Fruit Salad

WITH:
Garden Salad
W/ Ranch Dressing
Very Berry Fruit Salad

27
Macho Beef Nachos
OR: Bean &
Cheese Nachos
WITH:
Salsa with Tortilla Chips
Pinto Beans

Mandarin Oranges

Popcorn Chicken
OR: Vegetarian Nuggets
WITH:
Potato Smiles
Celery Sticks
W/ Ranch Dressing
Diced Pineapple

Virtual Day

30
Jerk Chicken Wings
OR: Macaroni
and Cheese
WITH:
Steamed Corn

Romaine Salad w/ Ranch Dressing Diced Pears

31
Pizza Fridays!
Hand Tossed
Turkey Pepperoni Pizza
OR: Hand Tossed
Cheese Pizza
WITH:

Garden Salad

w/ Ceasar Dressing
Rainbow Fruit Salad

ChefAdvantage is committed to Healthy,
Nutritious and Delicious Meals.
Locally sourced ingredients included whenever possible.
No High Fructose Corn Syrup, Trans Fats, Artificial
Sweeteners, or MSG are used in our recipes.

770-421-9550 www.ChefAdvantage.com

This institution is an equal opportunity provider.

Place Your Order Online at:

https://ChefAdvantage.Boonli.com

Vegetarian Entrée Options

Milk is Included with All Meals
Choose 1% White or Fat Free Chocolate Milk

January 2025

Tapestry Public Charter Schoo

Hot Allergen List

Monday Tuesday Wednesday Thursday Friday





Chepadvaniage				
	7 Pizza Dippers Wheat, Egg, Soy, Milk Marinara Sauce Baked Beans Pineapple None	8 Chicken Alfredo Wheat ,Milk, Soy Salad None Ranch Egg, Milk Corn None Fruit None Alfredo Pasta Wheat ,Milk		10 Pizza Milk, Wheat, Soy Salad Ranch Fruit Milk, Wheat, Soy None Rone
13 Meatball Sub Soy, Wheat, Milk Baked Beans Vegetable Medley Grapes Meatless Meatball Sub Wheat, Egg, Milk	Romaine Salad Ranch Egg, Milk Diced Peaches None Fajita Rice with Tofu	Chicken Taco Wheat, Milk Salsa None Chips None Corn None Pineapple None Bean & Cheese Burrito Wheat, Milk	Syrup None	Ceasar Egg, Fish, Milk
MARTIN LUTHER KING DAY THAVE A'DREAM	5 Hamburger Soy Bun Wheat Cheese Soy, Milk Potatoes Smiles Soy Pickles None Pineapples None Gardenburger Soy, Wheat, Milk	Hot Dog Soy, Wheat Corn None Romaine Salad None Ranch Egg, Milk Grapes None Meatless Meatball Sub Wheat, Egg, Milk	Sandwich Soy, Wheat Sauce Egg Carrots None Ranch Egg, Milk Baked Beans Oranges None Garden Burger Soy, Wheat, Milk	Milk, Wheat, Soy Salad None
Beef Nachos Milk Chips None Salsa None Pinto Beans None Oranges None Bean & Cheese Nachos Soy, Wheat, Milk	Popcorn Chicken Soy, Wheat Potatoes Smiles Celery Ranch Fineapple Nuggets Wheat, Soy, Eggs	Virtual Day	30 Chicken Wings Corn Salad Ranch Pears Mac & Cheese Wheat, Milk	31 Pizza Milk, Wheat, Soy Salad Ceasar Fruit Milk, Wheat, Soy None Regg, Fish, Milk None

All Pasta Products are Processed in a Facility that Uses Egg

This list is comprised of the most common allergens we chart, including eggs, soy product, wheat, and milk.

ALLERGEN KEY:
Soy = S
Wheat = W
Egg = E
Milk = M
Fish = F

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.