

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3</b>  <b>CHICKEN ALFREDO</b>                      OR: <b>CREAMY ALFREDO PASTA</b>                      WITH:                      CELERY STICKS                      W/ RANCH DIP                      STEAMED PEAS                      MANDARIN ORANGES</p>	<p><b>4</b>  </p>	<p><b>5</b>  <b>CHEESE PIZZA DIPPERS</b>                      WITH:                      MARINARA SAUCE                      ROMAINE SALAD                      W/CEASAR DRESSING                      STRAWBERRY APPLE SAUCE</p>	<p><b>6</b>  <b>TURKEY BURGER</b>                      OR: <b>GARDENBURGER</b>                      WITH:                      CELERY STICKS                      W/ RANCH DIP                      POTATO WEDGES                      DICED PEARS</p>	<p><b>7</b> <b>PIZZA FRIDAYS!</b>                      HAND TOSSED PEPPERONI PIZZA                      OR: <b>HAND TOSSED CHEESE PIZZA</b>                      WITH:                      GARDEN SALAD                      W/ ITALIAN DRESSING                      MELON MANIA FRUIT SALAD</p>
<p><b>10</b>  <b>CREAMY PARMESAN CHICKEN AND RICE</b>                      OR: <b>CREAMY PARMESAN TOFU &amp; RICE</b>                      WITH:                      STEAMED PEAS                      BABY CARROTS                      W/ RANCH DIP                      DICED PEACHES</p>	<p><b>11</b>  <b>MACHO BEEF NACHOS</b>                      OR: <b>BEAN &amp; CHEESE NACHOS</b>                      WITH:                      SALSA WITH TORTILLA CHIPS                      STEAMED GREEN BEANS                      DICED PEARS</p> <p></p>	<p><b>12</b>  <b>CHICKEN CORN DOG</b>                      OR: <b>VEGETARIAN NUGGETS</b>                      WITH:                      STEAMED CORN                      ROMAINE SALAD                      W/ RANCH DRESSING                      TROPICAL FRUIT SALAD</p>	<p><b>13</b>  <b>BBQ PULLED CHICKEN SANDWICH</b>                      OR: <b>GARDEN BURGER</b>                      WITH:                      BAKED BEANS                      CELERY STICKS                      W/ RANCH DIP                      FUJI APPLE</p>	<p><b>14</b> <b>PIZZA FRIDAYS!</b>                      HAND TOSSED PEPPERONI PIZZA                      OR: <b>HAND TOSSED CHEESE PIZZA</b>                      WITH:                      GARDEN SALAD                      W/ BALSAMIC DRESSING                      MIXED BERRY FRUIT SALAD</p>
<p><b>17</b>  <b>HOMESTYLE BEEF CHILI</b>                      OR: <b>BEAN CHILI</b>                      WITH:                      OYSTER CRACKERS                      SHREDDED CHEDDAR CHEESE                      MIXED VEGETABLES                      STEAMED PEAS                      MANDARIN ORANGES</p>	<p><b>18</b>  <b>FIESTA CHICKEN TACO</b>                      OR: <b>BEAN &amp; CHEESE BURRITO</b>                      WITH:                      CHEDDAR CHEESE                      SHREDDED LETTUCE                      PINTO BEANS                      SALSA WITH TORTILLA CHIPS                      DICED PEACHES</p> <p></p>	<p><b>19</b> <b>IT'S A THANKSGIVING FEAST!</b>  <b>ROASTED SLICED TURKEY BREAST WITH GRAVY</b>                      OR: <b>VEGETABLE PATTY WITH GRAVY</b>                      WITH:                      FRESH BAKED ROLL                      CREAMY MASHED POTATOES                      GREEN BEANS                      SPICED APPLES</p> <p></p>	<p><b>20</b>  <b>CHICKEN TENDERS WITH MAC &amp; CHEESE</b>                      OR: <b>MAC &amp; CHEESE</b>                      WITH:                      STEAMED CARROTS                      GARDEN SALAD                      W/ITALIAN DRESSING                      FRESH RED GRAPES</p>	<p><b>21</b> <b>PIZZA FRIDAYS!</b>                      HAND TOSSED PEPPERONI PIZZA                      OR: <b>HAND TOSSED CHEESE PIZZA</b>                      WITH:                      GARDEN SALAD                      W/ ITALIAN DRESSING                      MELON MANIA FRUIT SALAD</p>



Thanksgiving Break  
No School

# November



ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals. Locally sourced ingredients included whenever possible. No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

770-421-9550  
www.ChefAdvantage.com

This institution is an equal opportunity provider.

**V = Vegetarian Entrée**

Milk is Included with All Meals  
Choose 1% White or Fat Free Chocolate Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> <b>CHICKEN ALFREDO</b> WHEAT, MILK, SOY CELERY STICKS NONE RANCH EGG, MILK PEAS NONE ORANGES NONE ALFREDO PASTA MILK, WHEAT	<b>4</b> <div style="background-color: yellow; text-align: center; padding: 20px;"> <b>Virtual Day</b> </div>	<b>5</b> <b>CHEESE PIZZA DIPPERS</b> WHEAT, EGG, SOY, MILK SAUCE NONE SALAD NONE CEASAR EGG, MILK, FISH APPLE SAUCE NONE	<b>6</b> <b>TURKEY BURGER</b> BUN SOY CELERY STICKS NONE RANCH EGG, MILK POTATO WEDGES NONE PEARS NONE GARDENBURGER SOY, WHEAT, MILK	<b>7</b> <b>PIZZA</b> MILK, WHEAT, SOY SALAD NONE ITALIAN EGG, MILK FRUIT SALAD NONE
<b>10</b> <b>CREAMY PARMESAN CHICKEN AND RICE</b> MILK, SOY PEAS NONE CARROTS NONE RANCH EGG, MILK PEACHES NONE CREAMY PARMESAN TOFU & RICE SOY, MILK	<b>11</b> <b>MACHO BEEF NACHOS</b> MILK SAUCE NONE TORTILLA CHIPS NONE GREEN BEANS NONE PEARS NONE BEAN & CHEESE NACHOS SOY, WHEAT, MILK	<b>12</b> <b>CHICKEN CORN DOG</b> SOY, WHEAT, MILK, EGG CORN NONE SALAD NONE RANCH EGG, MILK FRUIT SALAD NONE VEGETARIAN NUGGETS WHEAT, SOY, EGGS	<b>13</b> <b>PULLED CHICKEN SANDWICH</b> WHEAT, SOY BUN WHEAT CELERY STICKS NONE RANCH EGG, MILK BAKED BEANS NONE APPLE NONE GARDENBURGER SOY, WHEAT, MILK	<b>14</b> <b>PIZZA</b> MILK, WHEAT, SOY SALAD NONE VINEGARETTE SOY FRUIT SALAD NONE
<b>17</b> <b>BEEF CHILI</b> OYSTER CRACKERS WHEAT CHEESE MILK VEGETABLES NONE PEAS NONE ORANGES NONE BEAN CHILI NONE	<b>18</b> <b>CHICKEN TACO</b> WHEAT CHEDDAR CHEESE MILK SHREDDED LETTUCE NONE PINTO BEANS NONE SALSA NONE TORTILLA CHIPS NONE PEACHES NONE BEAN & CHEESE BURRITO SOY, WHEAT, MILK	<b>19</b> <b>TURKEY WITH GRAVY</b> WHEAT, SOY BAKED ROLL WHEAT MASHED POTATOES SOY, MILK GREEN BEANS NONE APPLES NONE VEGETABLE PATTY WITH GRAVY WHEAT, MILK, SOY	<b>20</b> <b>CHICKEN TENDERS</b> WHEAT, SOY MAC & CHEESE WHEAT, MILK CARROTS NONE SALAD NONE ITALIAN NONE GRAPES NONE	<b>21</b> <b>PIZZA</b> MILK, WHEAT, SOY SALAD NONE ITALIAN EGG, MILK FRUIT SALAD NONE



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**\*\*All Pasta Products are Processed in a Facility that Uses Egg\*\***

This list is comprised of the most common allergens we chart, including **eggs, soy product, wheat, and milk.**

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

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